

## Family Worship Guide – Week 27

### MEMORIZE

1 Corinthians 6:19-20 – Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, for you were bought with a price. So glorify God in your body.

### READ

Read 1 Corinthians 6:19-20.

Some of those in Corinth saw a marked distinction between the physical and the spiritual, to the point where they would hardly see any bearing their physical actions could have on their spiritual status. However, in these verses we learn that our bodies are actually like the Temple that was found in Jerusalem. Just as God was believed to dwell within the Temple, we learn that our bodies are temples because God has sent His Spirit to dwell within us. And just as there was great cost to building the Temple, there was great cost in purchasing us, namely the blood of Christ. Therefore, our bodies should be protected and kept pure in order for us to bring the utmost glory to God through them.

#### Questions:

Why are our bodies temples?

What does it mean that we have been “bought with a price”?

How can we glorify God in our bodies?

**Bottom Line:** We should glorify God in our bodies.

### SING

Let's continue in worship as we sing the hymn, “There Is A Fountain”. The reality of sexual sin in our culture is clear and has affected every one of us. We are bombarded with lustful images on the computer, adultery and fornication are made to look glamorous and acceptable on television, and magazines give us advice on how to become experts in sexual immorality. It would be accurate to say that many of us, if not all, have fallen into the alluring snare of sexual sin, whether in heart or in deed. This sin separates us from God who is holy and unable to dismiss our disobedience. However, the good news is that God loved us, even while we were sinners, and gave us His Son to bear the penalty of our sins on the Cross in order to deal with sin justly and, at the same time, extend grace to a sinful people. This is the gospel. And so we sing this message of hope today as we cling to the work of Christ where “sinners plunged beneath that flood lose all their guilty stains!”

Visit our website for a link to this song: [www.brookhills.org/gathering/this\\_week.html](http://www.brookhills.org/gathering/this_week.html).

### SUGGESTIONS

These suggestions were created by the age-group ministry leaders as a way to help parents better communicate the biblical truths discussed in the Family Worship Guide. These suggestions are intended to help parents facilitate God-centered discussions with their children. Parents should prayerfully use these suggestions, and any other means necessary, to help their children discover the truths of God's word and worship Him together.

#### Preschool

- Open your Bible to 1 Corinthians 6:19-20. Read the verses to your preschooler.
- After reading the verses, have fun together singing the song and motions for “Head, Shoulders, Knees and Toes.”
- Explain to your preschooler that they used their body to help sing and act out this song. Our bodies are very special gifts from God. What are some things our bodies can do? We have eyes, ears, mouth, hands, feet, etc. What can we do with them?
- Explain that because our bodies are so important, God wants us stay strong and healthy and take care of them on the inside and out. We need to be careful about what we do with our bodies to make sure they glorifies Him, because God made you special and He loves you very much!
- Remember, God loved us so much that He sent His one and only Son to earth to die on a cross so that we could have eternal life. God wants us to choose to follow Him and to love Him more than anything. He wants us to turn away from our sin and to trust Him. God wants us to share the good news of what Jesus has done for us with others too.

- Conclude your family time with prayer and ask God to help us take care of our bodies. Thank Him for everything He does for us.

### Children

- Sit down with your child and together read 1 Corinthians 6:19-20. Then ask the following questions and discuss together:
  - How are our bodies a temple of the Holy Spirit? (Just as God was believed to dwell within the Temple, our bodies are temples because God has sent His Spirit to dwell within us.)
  - Does the Holy Spirit live inside everyone? (No, only those who have turned from their sin and trusted Jesus as Savior and Lord.)
  - What does it mean that our bodies ‘are not our own’ and that we are ‘bought with a price’? (Just as there was great cost to building the Temple, there was great cost in purchasing us, namely the blood of Christ. So we belong to Christ.)
  - If we belong to Christ, how should we treat our bodies? What does it mean to ‘glorify God in your body’? (Bodies should be protected and kept pure in order for us to bring the utmost glory to God through them.)
  - What are some specific ways we can glorify God in our bodies? Brainstorm a list on a piece of paper. Some ideas might include: a) wearing modest clothing, b) taking good care of our bodies by eating right and exercising, c) not putting anything into our bodies that might damage them (e.g., drugs, excessive junk food), and d) staying pure until marriage (be sensitive and developmentally appropriate with this answer).
- Practice taking care of your bodies by going on a family walk together, continuing the conversation about how you can work as a family to take care of each other physically.
- After your walk, enjoy a healthy snack as a family.
- Pray together as a family, thanking God for sending His Holy Spirit to live inside us when we turn from our sin and trust Jesus. Ask God to help us take care of our bodies, His temple, so that He may be glorified through us.

### Students

- Throughout the Bible, we see the importance of places that are set apart for holy purposes. Paul says our body is one of those places.
- Read 1 Cor. 6:19-20. Paul said, “Do you not know...that you are not your own? You were bought with a price...therefore glorify God in your body.” What do you think he meant by saying, “You are not your own?”
- How can we honor God with our bodies?
- Paul is definitely addressing sexual immorality in this passage, but first and foremost he is reminding us that our bodies are not our own. Yes, we are to abstain from sexual immorality, but we should also be aware of the places we take our body, what our body consumes, etc.
- Paul’s declaration that the body is a temple of God, and that the body belongs to God, carry huge implications for what we do with our bodies.
- If our bodies are not our own, then who can say what we do with them? How do we treat something that is not ours and belongs to someone else? Why?
- Read these passages and discuss: Romans 12:1-2, I Cor. 10:31. Discuss as a family.
- Spend time in prayer as a family about honoring God with our bodies, asking for guidance and protection from temptation.