

WE GLORIFY GOD

Psalm 1, ESV

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LET'S SEEK GOD TOGETHER THROUGH FASTING . . .

- Focus on God.
- Abstain from food.
- Substitute the time with prayer and God's Word.
- Taste and see that God is good.

PSALM 34:8 - 10

Oh, taste and see that the LORD is good! Blessed is the man who takes refuge in him! Oh, fear the Lord, you his saints, for those who fear him have no lack! The young lions suffer want and hunger; but those who seek the Lord lack no good thing.

LET'S SEEK GOD TOGETHER THROUGH PRAYING . . .

- Praise: Worship God for who He is and thank God for what He has done, is doing, and will do.
- Repent: Confess your sin to God and acknowledge your need for Jesus.
- Ask: Intercede for specific needs in your life and others' lives.
- Yield: Surrender your life to following Jesus however and wherever He leads you.

LET'S SEEK GOD TOGETHER THROUGH HIS WORD . . .

- Meditate and Memorize: What does it say? What does it mean?
- Apply: How does it transform our thoughts (head), desires (heart), and/or actions (hands)?
- Pray: Praise, repent, ask, and/or yield according to the Word.
- Share: Write down your reflections and talk about them with others.

DEUTERONOMY 6:6 - 9

And these words that I command you today shall be on your heart. You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise. You shall bind them as a sign on your hand, and they shall be as frontlets between your eyes. You shall write them on the doorposts of your house and on your gates.

PSALM 1

Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; but his delight is in the law of the LORD, and on his law he meditates day and night. He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers. The wicked are not so, but are like chaff that the wind drives away. Therefore the wicked will not stand in the judgment, nor sinners in the congregation of the righteous; for the LORD knows the way of the righteous, but the way of the wicked will perish.

