



DISCUSSION QUESTIONS

QUESTION 1

What is the purpose of biblical fasting?

QUESTION 2

According to the sermon, how are we to seek God in prayer?

QUESTION 3

Why must our prayer lives be marked by repentance?

QUESTION 4

How does Psalm 1 point us to Jesus?

QUESTION 5

What is the difference between reading Scripture and meditating on it? What are some practical steps you can take to make this a reality in your own life?