



Peace in the Middle of a Pandemic, pt. 1
David Platt, MBC Pastor-Teacher | March 15, 2020

Proverbs 12:25

Anxiety in a man's heart weighs him down, but a good word makes him glad.

Matthew 6:25 - 33

Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add a single hour to his span of life? And why are you anxious about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin, yet I tell you, even Solomon in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith? Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek after all these things, and your heavenly Father knows that you need them all. But seek first the kingdom of God and his righteousness, and all these things will be added to you.

Carrying concerns in this world in such a way that we lose perspective on life and/or lack trust in God.

- Your life is about more than anything this world offers you.
- Your life is about trusting the God who eternally values you.

- Avoid anxiety because it's unhelpful.
- Avoid anxiety because it's for unbelievers.

- God your Heavenly Father knows all that you need.
- God your Heavenly Father will supply all that you need.
- God guarantees you mercy today for trouble today, and mercy tomorrow for trouble tomorrow.